



Stanford CHIPAO:

*Improving Understanding & Communication between
Parents and their Teens*



Thursday, March 3, 2022

Free Event on Zoom • 7pm - 8:30pm

For many parents, communicating with and understanding our teenage children can be difficult. From academic expectations to dating to how teens spend their time, the issues surrounding these and other areas can bring on great stress and family conflicts.

Please join us for an insightful and very entertaining workshop to understand how parents can better communicate with their teens and avoid generational differences.

San Ramon Valley Council of PTAs, the San Ramon Valley Unified School District and Culture to Culture Foundation have partnered together to bring the Stanford CHIPAO (Communication Health Interactive for Parents of Adolescents & Others) program to help foster familial understanding and communications in our community. Dr. Rona Hu, Stanford Professor of Psychiatry, will use vignette/role playing on the topics of "Pride" and "Anti-Racism 101," then will open to a forum for discussion, questions and answers.

To register and for complete event details, visit:
<https://www.srvcouncilpta.org>

