

2013 COMMUNITY SERVICE AWARDS

6TH ANNUAL SENIOR VOLUNTEER AWARDS



PLEASANT HILL SENIOR CENTER
233 GREGORY LANE
PLEASANT HILL

SEPTEMBER 22, 2013

The Culture To Culture Foundation

The Culture to Culture Foundation was founded in 2001 to promote peace and harmony while fostering a deeper understanding and appreciation for the great diversity in today's global community.

We are a nonprofit community-based organization dedicated to promoting mental health and emotional wellness within the San Francisco Bay Area's culturally diverse communities. During the last 11 years, with the continued support and generosity of our supporters, sponsors, donors and volunteers, C to C has been able to develop programs of the Chinese American Mental Health Network (CAMHN), the Chinese American Mental Health scholarship, Multi-Cultural Senior Center, and Senior Volunteer Award of Contra Costa. Through our various programs, projects and events, we reach out and bring the community closer together.

Founder: Chia-Chia Chien Co-Founder: Shiao Chien Lee



Visit Our Website At: www.culturetoculture.org

TODAY'S PROGRAM

CALL TO START

KEVIN YOUNG, MC

WELCOME REMARKS

CHIA CHIA CHIEN

APPRECIATION - SPONSORS, DONORS & VOLUNTEERS

CHIA CHIA CHIEN

Appreciation to Our Sponsors

Appreciation of our Judges

Appreciation to Volunteers of Culture to Culture



Sophie Goto



Kevin Young



Ray Zenoni

SENIOR AWARD PRESENTATION

PRIZE DRAWING FOR NOMINIATORS

ENTERTAINMENT

RECEPTION

ENTERTAINMENT

Melody Wang and Remona Ji

Back by poplar demand! Mother and daughter duet. Melody Wang is a senior program manager at Cisco, and her daughter Remona Ji, a UC Berkeley graduate, also works at Cisco and is the president of US China Cultural Exchange Group. Both Melody and Remona grew up learning piano and share a profound love of classical music and opera, and started singing together a 5 years ago. Through their vocal duets they wish to share their love of music with others. In the past few years, in charity fund-raising events and choir performances they have shared their coaxing harmony and mixed repertoire with the Bay Area. Some of their concerts include Music of the Heart at the Petit Trianon Theater in San Jose as well as a concert at Peking University in Beijing, China.



Academy Of Chinese Performing Arts Foundation



Our mission in The Academy of Chinese Performing Arts is to establish a strong foundation of artistry and creativity that is representative of China. The founder and artistic director, Mr. David Chen started the Academy from the David Chen Dance Studio. The academy was founded in 1995 after many years of effort and experience.

Two years ago, ACPA was involved in the prestigious artistic collaboration project between the City of Fremont and the Trade Mission as part of the

Cultural Exchange program to visit various Asian cities such as Taipei, Hsinchu, Beijing, Tianjin, and Shanghai with great success. This year, we were invited to participate in the Northern California International Teen Festival.

Nicco Barretto - Jazz Singer

Also back by popular demand...Nicco Barretto. Bay Area music professional and artist provides musical entertainment, with a focus on senior favorites such as Frank Sinatra.







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INTRODUCTION OF 2013 NOMINEES AND NOMINATORS

Individual Nominees

- O Kay Aaker Nominated By: Stellie H. J. Kim, American Cancer Society, Inc. California Division
- O Faith Barnidge Nominated By: Ray Zenoni, Community Volunteer, Pleasant Hill
- O Clive Beck Nominated By: Marilyn Creighton, Shawnee Maxwell, and Dee Anderson
- O Bob and Karen Bush Nominated By: Pastor Jonathan Gee, Family Worship Center
- O Barbara Chavez Nominated By: Ann Smilanich, President, Danville Women's Club
- O Mei-Mei Cheng Nominated By: Eileen Cheng
- O Karen DeBoer Nominated By: Joyce Rosevear, Volunteer Department, Hospice of the Eastbay
- O Cheryl Eiselman Nominated By: Sharon Fitzgerald, Program Manager, Meals on Wheels & Senior Outreach Svcs
- O Shirley Ernest Nominated By: Joan Ernst, San Ramon Senior Center Advisory Committee Chairman
- O Ingrid Evans Nominated By: Tami Blaj, VITAS Innovative Hospice Care
- O Rudy Fruscella Nominated By: Kimi Y Miyamura, Director of Volunteer Services, San Ramon Regional Medical Center
- O Robin Gordon Nominated By: Linda Groobin, Caring Hands Volunteer Caregivers Program
- O Kathy Hampton Nominated By: Kermit Sveen, Summerset Volunteer Program, Brentwood
- O Jan Harman Nominated By: Lenora Brown & George Conlow, SHARE Food Pantry
- O Richard Knowles Nominated By: Chris Hwang, Meals on Wheels and Senior Outreach Services
- O Marjorie Levy Nominated By: Debbie Toth, CEO, Rehabilitation Services of Northern California
- O Marlene Mejia Nominated By: Vicky Lizarraga, Case Manager & Solomon Belette, CEO, Catholic Charities of the East Bay
- O Patrick O'Leary Nominated By: Holly Frates & Jessica Wusthoff, Pleasant Hill Senior Center Staff
- O Bruce Palmer Nominated By: Chris Hwang, Meals on Wheels and Senior Outreach Services
- O Marialyce Romeo Nominated By: Jody Bunting, Pleasant Hill
- Susan Rosthal Nominated By: Kathryn Winogura, Coordinator of Volunteer Services, Jewish Family and Children's Services of the East Bay
- O Hanna Sveen, Nominated By: Kermit Sveen, Summerset Volunteer Program, Brentwood
- O Pam Talbot Nominated By: Pastor Laura Gee, Family Worship Center
- Mauna Wagner Nominated By: Mary Bruns, Lamorinda Spirit Van Program, Lafayette Community Center

Group Nominees

- O Contra Costa County Elder Court Support Program volunteers, Senior Peer Counseling Program Nominated By: Tina Olton, Elder Court Support Program Coordination
- O Contra Costa Regional Medical Center's Auxiliary Executive Board Members Nominated By: Rhonda R. Smith, MPA, MAED, MAOL, Volunteer Program Coordinator
- Friends of Discovery
 - Nominated By: Kathy Chiverton, Executive Director, Discovery Counseling Center
- O Health Insurance Counseling and Advocacy Program (HICAP) Volunteers Nominated By: Ruth Atkin, HICAP program manager
- Retired and Senior Volunteer Program, Advisory Council Volunteers Nominated By: Dolores Pita, Program Manager
- Volunteer Center of the East Bay Office Support Team
 Nominated by Jo Loss, Executive Director, Volunteer Center of the East Bay

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Kay Aaker

Nominated By: Stellie H. J. Kim, American Cancer Society, Inc. - California Division



Kay started volunteering at American Cancer Society (ACS) in 1995 as our Road to Recovery driver, providing rides to cancer patients. She has been instrumental in organizing all the facets that come together in order to provide our Road to Recovery program, serving cancer patients undergoing treatment in Contra Costa County. Currently, as the Road to Recovery Coordinator in Contra Costa County, Kay is working closely with all volunteers as well as with ACS staff to schedule, facilitate, and deliver successful Road to Recovery program in the area. She even added an extra phone line at home to be able to coordinate ride schedules for patients successfully, as she communicates with volunteers and the staff full time every week. Her goal is to makes sure more cancer patients can receive a ride for their doctor's visit so that they can continue with their life saving treatment. Kay volunteers over 10 hours a week at ACS. As a retired school teacher from a local middle school, Kay also volunteers at the local library teaching and helping people who'd like to advance themselves in education. She shares her deep understanding of volunteerism

and is a role model of serving the community with genuine kindness and support. We have been very fortunate to have a volunteer as dedicated as Kay Aaker. On behalf of the American Cancer Society Contra Costa office staff and community members, it is my honor to nominate Ms. Kay Aaker for the 2013 Culture to Culture Community Volunteer Award. She has deserved it for many years.

Nominee: Faith Barnidge, Community Volunteer Nominated By: Ray Zenoni, Community Volunteer, Pleasant Hill



I am honored to nominate Faith Barnidge for a Culture to Culture Senior Volunteer Award. Faith writes the Good Neighbors column for the Contra Costa Times. The Good Neighbors column is nearly a full page of space donated by the Contra Costa Times weeklies (Walnut Creek Journal, Concord Transcript and Pleasant Hill/Martinez Record) specifically to promote non-profits. When the Contra Costa Times changed hands about 18 months ago the paper decided that they could not afford to support this column. So Faith stepped forward and volunteered to take this on because she believed it was important. Since then she has volunteered many hours of her time, sifting through material, attending events, answering emails, fielding questions, public speaking and writing the column. In addition to her volunteer work on the column, Faith is actively involved with the organizations that her column promotes. She has been through the Caring Hands Training program, to get a better understanding of what they

do. She attended the CASA (Court Appointed Special Advocate) orientation program for foster youth volunteer advocates, Lindsay Wildlife museum, ARF and Bedford Gallery at Lesher Arts Center. Faith is an active member of Assistance League of Diablo Valley for 6 years, and is working on the Operation School Bell and Scholarship committees this year. She is in the fall Docent training class at Lindsay Wildlife Museum, so she can take school children on tours, and in her words "impress my grandchildren with snake-handling abilities!" She is the voice of the non-profit community and she is indeed a very Good Neighbor and deserves to be recognized. Her volunteer work contributes significantly to the work of many of the non-profits and she is an important asset to our community.

Nominee: Clive F. Beck Nominated By: Marilyn Creighton, Shawnee Maxwell, and Dee Anderson



Our friend, Cleve Beck, is 80 years old and has volunteered over 30 hours a week for over six and a half years. He has assisted patients at Kaiser Hospital, picked up donations for the Cancer Society and transported patients to their appointments, helped out an elderly mother with a severely handicapped adult son by getting her a wheelchair for use in transporting him, and assisted a stranger with end-of-life care. Cleve brings cheer to patients and everyone he encounters. He is always offering assistance in a variety of ways to strangers in need. He is a true inspiration to us all and deserves recognition for being the wonderful person that he is.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Bob and Karen Bush

Nominated By: Pastor Jonathan Gee, Family Worship Center



I met Bob and Karen Bush 10 years ago after I started as Pastor of Family Worship Center in Brentwood, CA. They started the Tuesday Outreach Program as a ministry of our church in January of 2006, with a desire to bring a helping hand to families and individuals facing difficult times by providing a nourishing meal and a bag of groceries on a consistent basis. They also delivered emergency food boxes to families in the Delta Bay region who were in desperate immediate need or unable to attend the Outreach. Members of our congregation and current volunteers at the Outreach know Bob and Karen in the same capacity – as loving individuals with a heart for people. There are few individuals I can point to who have influenced the development of the Tuesday Outreach or who have done it with so much joy, enthusiasm and dedication. They laid the foundation for a program which continues to grow and meet needs within our community year after year. In 2010 Bob and Karen decided to take their dedication and love

for others in another direction. They continue to be a blessing with their visitation ministry, going to the sick and infirm to provide prayer, comfort, support and encouragement. They also host regular Bible studies in their home for senior adults. For me, Bob and Karen's biggest contribution is that they exemplify the heart of what we believe, which is to 'Love God, Serve People; Love People, Serve God.'

Nominee: Barbara Chavez

Nominated By: Ann Smilanich, President, GFWC Danville Women's Club



Barbara started volunteering in 1990. Over the years, Barbara has volunteered more than 20,000 hours to her Community. She was a member of the Parent-Teacher-Association (PTA) Board for 22 years holding various positions and at different schools. She received the PTA Golden Oak Service Award in 2002. Barbara also served on the San Ramon Valley Legislative Committee for 12 years and she co-chaired the successful \$260 million Bond Measure A in 2002. In 2005, Barbara joined the GFWC Danville Women's Club serving in various officer positions including President (six years). The GFWC is an international organization with clubs in all 50 states and more than a dozen countries whose members work locally to create global change. GFWC clubwomen are dedicated to enhancing the lives of others through volunteer service. The GFWC Danville Women's Club has been active in the Tri-Valley since 1911. Barbara currently serves on the Art Committee and is the Club's Parliamentarian. Through her involvement in the Club, Barbara started attending GFWC Mount Diablo District meetings seven years ago, and has since served in numerous officer positions including her current two year term as President of the District. As a

volunteer at both the Club and District levels, Barbara spends many hours a month at administrative meetings and working with groups on a wide variety of fundraising projects, legislative matters and public policy. The Danville Club members volunteer more than 5,000 hours per year on a variety of projects large and small, including fundraising for scholarships for high school seniors, a fashion show for Hospice of the East Bay and supporting many other local charities. Barbara personally contributes more than 80 hours each month to GFWC while holding a job as an agent at Sotheby's International Realty and as an office/accounting assistant for American Air Conditioning, Heating & Plumbing. Barbara is also volunteering with Hospice of the East Bay as chairperson for their Danville Tree of Lights fundraiser. She will spend approximately 40 hours on this event. Barbara never hesitates to step up for her club and community.

Nominee: Mei-Mei Cheng Nominated By: Eileen Cheng



Mei-Mei Cheng has been volunteering at the Culture to Culture organization for 7 years. She teaches Dancercise in Pleasant Hill from 1pm to 2pm and line-dancing on Wednesdays from 10:50 am to 11:40 am in Danville. She takes her volunteer work very seriously and rarely missed a day in the last 7 years. In fact, she never plans vacation or make personal appointments on her volunteering days. Mei-Mei strives to keep her class interesting and enjoyable for her students by learning new dance routines and acquiring new music. Her volunteer work at Culture to Culture Organization encourages seniors to stay more active and healthier. For these reasons, I nominate Mei-Mei Cheng for the Culture to Culture Senior Volunteer Award.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Karen DeBoer

Nominated By: Joyce Rosevear, Volunteer Department, Hospice of the Eastbay



Karen DeBoer began volunteering at Hospice of the East Bay (HEB) since May 2009 as a hair care specialist. She provides hair care service to about 14 to 16 patients at any given time and conducts in-service workshop for other hair care volunteers at the Hospice. Over the past 4 years, Karen has made over 300 hair care visits and provided over 460 hours of volunteer services. In addition to hair care services, Karen has been featured speaker at HEB monthly Volunteer meetings and has served as a Field Observer in evaluating other volunteers. She is not only a great hair dresser and mentor, her kindness, compassion, patience and concern for each patient make her an outstanding and much loved volunteer at the Hospice by the patients and their families as well as the staff at HEB. Prior to coming to HEB, Karen has volunteered in many different capacity at her children's schools including Sport activities, Hot Lunch program, Teacher Assistant, carpool driver, etc. Karen is a tireless and dedicated volunteer with Hospice of the East Bay for over 15 years. It is with great pride and gratitude that we nominate Karen DeBoer as an outstanding volunteer for the 2013 Culture to Culture award.

Nominee: Cheryl Eiselman

Nominated By: Sharon Fitzgerald, Program Manager, Meals on Wheels and Senior Outreach Services



Cheryl has had an interesting working career before she becomes a Meals on Wheels volunteer driver in Walnut Creek. After retiring from Price Waterhouse, she started a new career as a massage therapist for approximately 3 years. Then, she opened her own business as a professional seamstress creating custom clothing for weddings and individuals customers for many years until she finally retired. She has been with us for the past 5 ½ years. She has been a dedicated and caring volunteer driver to all of the seniors on her route, particularly to one special senior. Cheryl has taken Hazel, 99, under her wing. Hazel does not have any support system outside of Meals on Wheels. Cheryl has been instrumental in making sure Hazel's finances were handled for her, found a wonderful caregiver and is the go to person Meals on Wheels calls if we have questions about Hazel. Cheryl has done all of this out of the goodness of her heart and has made a tremendous difference in Hazel's life. She has truly changed the life of Hazel. Being nearly 100 years and needing the help she did, we don't know where Hazel would be today without

Cheryl's help. Cheryl is the volunteer driver we wish we could clone! On top of the time she gives to Meals on Wheels, Cheryl is an active volunteer for the Home for Jewish Parents gift store and the Caring Committee at Temple Sinai in Oakland.

Nominee: Shirley Ernest Nominated By: Joan Ernst, San Ramon Senior Center Advisory Committee Chairman



Shirley has served at the San Ramon Senior Center Advisory Committee in different capacities for many years. She is currently the Vice-Chair of the Committee. Shirley put in at least 24 hours a month in her volunteer activities outside her part time job as a retired nurse at St. Raymond School in Dublin. In 2012, Shirley was in charge of 'Volunteer of the Month' program which she conducted all the interviews, prepared write-ups, took pictures and posted the pictures and summary in the Senior Center lobby every month. She is currently working with me on an Open House event for the fall to promote all the programs at the Senior Center. Shirley volunteers on events held by other local agencies. She worked at the Resource Fair and the San Ramon Art and Wine Festival by the San Ramon Senior Center Foundation; and at major events held at the Forest Home Farm ('The Farm') by the San Ramon Historic Foundation and works at their Gift store. She stays abreast of other local activities because she takes great

pride in her city. Shirley attends the monthly Park and Community Service Commission and the City Council meetings and plans the Red Hat Club events. Shirley really wants to support seniors and has a vision of what assistance seniors' need, especially those who want to stay in their own homes and live as independently as possible. Shirley is a great example of a senior who deserves the Culture to Culture Senior Volunteer Award.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Ingrid Evans

Nominated By: Tami Blaj, Volunteer Service Manager, VITAS Innovative Hospice Care



Ingrid Evans became a volunteer with VITAS Innovative Hospice Care in April 2010 after her husband had died under hospice care. She started volunteering in clerical work because it wasn't too sensitive and in her own words, "Everyone was so nice at the hospice and it was very therapeutic". After reading a volunteer e-mail of a need for more volunteers to sew Memory Bears, a bereavement program where bears made from loved ones' clothing are sewn for grieving family members, she said we gave her an excuse to buy a sewing machine. The care she takes with each request, ensuring that each piece of clothing is carefully handled to create huggable keepsakes, is truly extraordinary. A grieving daughter asked that three bears (for three daughters) be made from a combination of their mother's wedding suit and a favorite comforter and Ingrid was the only one we could entrust with this special request. Ingrid added to her volunteer responsibilities when she mentioned her dog Herbie might be good at visiting patients. Ingrid does not get wrapped up in pride and will step forward to volunteer to try and do anything even on tasks she has no prior exposure or experience.

She not only tries, she excels and consistently is a star among stars. Since 2010, Ingrid has volunteered almost 1,400 hours of service to the patients, families and staff of VITAS Hospice Her unassuming demeanor belies the many gifts she provides to us all. It really appears there is nothing she cannot do – and do well. It is my privilege to work with Ingrid Evans and nominate her for this award.

Nominee: Rudy Fruscella Nominated By: Kimi Y Miyamura, Director of Volunteer Services, San Ramon Regional Medical Center



Rudy has recorded 4550 volunteer hours. Rudy's service at San Ramon Regional Medical Center for 21 years and 9 months. Rudy has recorded 4550 volunteer hours. Rudy's service at San Ramon Regional Med Center is at the Front Desk where patients, visitors, physicians and employees pass by when they enter and exit the hospital. Rudy makes sure they feel welcome and they get to their destination even if it meant for him to have to take them through the maze personally. In addition, Rudy helps the staff with a myriad of other tasks such as running paperwork and materials from one unit to another, specimens to the lab, food trays to patients, finding the owners of misplaced items, taking flowers and mail to patients, discharging patients, making copies, stuffing envelopes making packets, pretty much anything that comes their way, etc. He knows many of the staff, physicians, volunteers and quite a number of the patients by name and so if you visit on a Monday afternoon, you will no doubt hear a cheerful 'Good Afternoon, Mr., Ms. or Dr. so and so' as you walk in the door. Rudy never fails to hand out a box of crayons and a coloring book to every child that he sees. When I first

started as Director, one of Rudy's missions was to make sure I knew how desperate the Front Desk volunteers were for wheelchairs. He would not let me have a minute's peace until the issue was resolved. Now, the hospital is seldom in short supply when it comes to wheelchairs. When Rudy sees something that needs to be fixed he is tenacious, especially when it affects the good name of the organization he is representing, and one he is proud to represent. We are fortunate to have a volunteer as dedicated and perseverant as Rudy at San Ramon Regional Medical Center.

Nominee: Robin Gordon Nominated By: Linda Groobin, Program Manager, Caring Hands Volunteer Caregiver's Program



Robin Gordon is 80 years old and has been with Caring Hands Volunteers Caregivers Program since its beginning in 1999. She has been matched with two seniors and has provided transportation to them to the doctor and to the grocery store. She also provides transportation services to other program participants who need an occasional ride. Robin has definitely embraced our mission statement of enabling a senior to remain independent and stay at their home as long as safely possible. Her first match started in 1999 and ended in 2003 when the senior passed away at 98. Robin spoke at her memorial and told how her client had survived the Holocaust and other tough events in her life, how "she stood proudly weathering them all with strength, courage and dignity" and how she had enriched Robin's life. Her second long term match lasted from 2004 to 2010 which ended when the senior passed away at the age of 94! Some matches are harder than others and in this case there were many challenging days. Robin didn't give up and she hung in with her senior until her death. After her senior died, Robin decided to become a substitute or occasional driver instead of having a weekly match. Over her 13 years with Caring Hands, Robin has provided rides to over 30 of our seniors in addition to her weekly

match. Since 2004, Robin also volunteered at John Muir Medical Center in Walnut Creek. Along with her regular volunteer responsibilities, she helps with their Newsletter and provides regular support to the Director of Volunteer Service whenever needed. Robin has provided 1920 hours of service with Caring Hands and 825 hours at John Muir Medical Center Hospital. No matter where you meet Robin, she has a big warm and welcoming smile on her face. She had attended the Caring Hands Annual Tea with her two seniors. This year she didn't have a regular match, but offered to take someone who wanted to go and needed a ride to the Caring Hands Annual Tea. She brought a very happy senior who is 94! We sincerely hope you help us recognize this exemplary Caring Hands volunteer.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Kathy Hamptom

Nominated By: Kermit Sveen, Summerset Volunteer Program, Brentwood



Kathy is a retired teacher and administrator, having served 30 years teaching in the Brentwood Elementary School District; and 5 years as Principal of Brentwood Elementary School. Kathy is being nominated for her volunteer work with Senior Helpline Services Rides for Seniors Program, A Place of Learning tutoring center in Brentwood, the Brentwood schools, and The East County Historical Society of Brentwood. Kathy has been volunteering as a tutor at A Place of Learning twice a week for about 7 years for up to 2 hours each session. She has been involved with Caring Hands for about 3 years, spending 4 hours per week with the woman she has been matched with. Kathy has been a driver for Rides For Senior for 6 years, driving clients to medical appointments and shopping trips whenever she is called upon to do so. Kathy is another fine example of a senior citizen quietly contributing her time, energy and skills to those in the community who have needs. It is my pleasure to nominate Kathy Hampton for the 2013 award.

Nominee: Jan Harman

Nominated By: Lenora Brown & George Conlow, SHARE Food Pantry

Jan is 77 years old and has volunteered at SHARE Food Pantry for over 20 years. SHARE, a small non-profile organization, provides emergency food supply to approximately 1050 individuals, families and homeless persons each month. On average, Jan comes in 2 to 3 times a week but often, she comes in more to fill in our holes. She has never missed a day. Jan not only shows great empathy and concern for our needy population, she stands, lifts, stocks, fills orders and smiles for 4-1/2 hours each time she comes in. She never complains and her can-do/will-do attitude inspires all of us every time she is here! Jan is a valued board member at SHARE as well. She provides input, advice and expertise on our policies and strategic vision. In addition to all she does at SHARE, she also takes our boxes and paper trash to her church for recycling! Because of her assistance, we are able to reduce our overhead costs while being green. Jan is a remarkable, special, altruistic human being and we are lucky to have

her. It is with much enthusiasm and pleasure that I - along with the President of SHARE Food Pantry, George Conlow - recommend Mrs. Jan Harman for your Senior Volunteer Award.

Nominee: Richard Knowles
Nominated By: Christine Hwang M.P.A., Support Svcs Coordinator, Meals on Wheels and Senior Outreach Services



On behalf Meals On Wheels and Senior Outreach Services, we would like to nominate Richard Knowles, 64 years old, as Senior Volunteers of the Year for the Culture to Culture Foundation 2013 Community Service Awards. Mr. Knowles began volunteering at our agency as a Know-How Network volunteer in June 2010 and spent 349 hours in 6 months designing our agency database in order to operate our six programs, Meals On Wheels, CC Café, Care Management, Home Care Registry, Friendly Visitor and Fall Prevention. At that point, our Agency was using separate databases and spreadsheets to track each program's clients, as well as volunteers and donors, and there was no easy way to assemble a holistic view of a client or volunteer's participation across the organization. He developed a comprehensive set of requirement by collaborating with staff in each of the programs. The Mr. Knowles offered to take on the task of designing the new database for MOWOS, including the data conversion that was needed. His contribution to our agency is going to make an enormous difference on how we operate. He is singly

responsible for maintaining our database as well as designing new facets of the program. We rely heavily on his expertise and ability to design and manage databases. As of today, Mr. Knowles continues to help us as a volunteer, he has provided over 1,000 hours since 2010. All of the entries represented huge professionalism and commitment by our dedicated Database Designer volunteer, Mr. Knowles. We feel very proud of the work he has done to support all our Senior Services through Meals On Wheels and Senior Outreach Services. This type of technical support is critical to the not-for-profit sector.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Marjorie Levy

Nominated By: Debbie Toth, CEO, Rehabilitation Services North California



After retiring from Chevron, Marjorie "Marge" Levy went back to school to learn Horticultural Therapy. She has been a volunteer Horticultural Therapist at Mt. Diablo Center for Adult Health Care Center for over 3 years. She has dramatically improved the lives of everyone she has touched. In her 3+ years at the Center, she has easily served over 100 people. While majority of her clients are in their 80s, the range has been from 29 to 102. Marge started out with one class and within months, she had to decrease her class size and add a second class and run her program in 10 week cycles so more people can participate in her program. Marge is working with two groups currently and she hopes to start another new group with our late-stage Alzheimer and Dementia program. Because she has to work with people who have had strokes, who have had Alzheimer's disease, who have mental health disorder, who

don't speak English and who have multiple chronic conditions, etc., and teach them how to feel joy through Horticultural Therapy. She will work with a group until she knows each person individually and will adapt her teaching style to tailor the experience to her client's individual needs. Marge is very resourceful. She has programs designed for indoor and outdoor projects and participates with the paid staff at the Health Center so that she can raise money to provide for all the supplies for her programs. She has created a vegetable and fruit garden in our back patio that she uses as a garden of healing and shares with her clients. I would greatly appreciate your support of in honoring her and her commitment to our frail elders and my nomination of Margie for the Culture to Culture Community Award.

Nominee: Marlene Mejia Nominated By: Vicky Lizarraga, Case Manager and Solomon Belette, CEO, Catholic Charities of the East Bay



Marlene Mejia is a Monument Corridor senior resident born in Bogota, Colombia. Since 1986 Marlene has been volunteering in different organizations. She volunteers in her Catholic Parish as a religious educator, Amigos del Salvador, a nonprofit organization that helps orphans in Salvador, and at the Spanish Prison Ministry called "KAIROS." A few years ago Marlene was diagnosed with breast cancer but this has not stopped her from being active and giving back especially once her cancer was in remission. She has fervently been working as a volunteer educating and motivating cancer patients in the "Hispanic Association of Cancer" and "Circle of Life" providing home visits. In her own words, Marlene says: since 2001, "due to the greater mental health needs in Spanish, I became a Contra Costa Senior Peer Counselor". Since then she has been providing supervised counseling to the Spanish speaking seniors. Marlene in her spare time, also volunteers at John Muir Hospital as a greeter a few hours every

Tuesday. Although Marlene does not have her own transportation, this has not stopped her from volunteering, visiting, supporting and helping people in need in our community. Marlene also attends the different activities that CCEB Monument Corridor Senior Service Outreach program organizes within the community, a program funded by John Muir Health. It is with great pleasure and admiration that we nominate Marlene for the C2C 2013 Community Services Award.

Nominee: Patrick O'Leary, Pleasant Hill Senior Center Nominated By: Holly Frates & Jessica Wusthoff, Pleasant Hill Senior Center Staff



Patrick is the epitome of conscientious and hard working. He plays an active role in the Pleasant Hill Senior Club. He served as Vice President from 2009-2010, President from 2011-2012 and now is Past President. Patrick volunteers in many different aspects of the Senior Center. He attends community meetings as part of the Senior Club Board and makes changes for the betterment of the senior population. Patrick is a powerful advocate for seniors in Pleasant Hill and the surrounding areas. He is also active in the Senior Center Travel Office. Having worked in the Trip Office for 5 years, Patrick quickly picked up on all of the program's day-to-day duties and became an escort shortly thereafter. He works both in the office and on the road as a trip escort/leader to make sure all of our customers are well looked after. Patrick sells tickets, coordinates with vendors, and organizes paper work. Most importantly, he helps train new volunteers to the Trip Office. He has a gift for helping new volunteers build

confidence in their own skill development. His effort to get to know travelers and ensure their positive experience has been a priceless addition to the travel program. He goes above and beyond when there are any gaps that need to be filled. Last year, Patrick logged over 300 hours at the Senior Center. He has been a volunteer with the Center for 6 years now and has logged a total of 2530 hours over those 6 years. He is truly an asset to the Pleasant Hill Senior Center and we thank him for everything he has done.

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Bruce Palmer

Nominated By: Christine Hwang M.P.A., Support Svcs Coordinator, Meals on Wheels and Senior Outreach Services



Bruce began volunteering at our agency in November of 2011 and serves on average 8.5 hours a week. To date, he has completed approximately 442 hours of service. Mr. Palmer excels at assisting with daily operations and special projects. In particular, he goes above and beyond in his receptionist duties, often taking extra time with senior callers to make sure they receive the correct resources, resolutions and are routed to the correct department. He is often a gentle ear when older adults call just to talk to someone. He is always polite, courteous and friendly. Bruce has also become our Information Technology Assistant. He maintains the database for all of our programs, performs server backups and troubleshoots any technical problems we run into. He has provided free technical support for our clients in order to save them time and money. Bruce is compassionate, hard-working, dependable, caring and a very talented volunteer. We would be lost without him!

Nominee: Marialyce Romeo, Community Volunteer Nominated By: Jody Bunting, Pleasant Hill



Marialyce is a retired teacher and worked many years for the Richmond and El Cerrito High Schools. She taught computer, bookkeeping, business math classes and the ROP program. In addition to raising her own family, she helped raise her mother-in-laws family after she suddenly passed away. She helped them through school and always offered support and encouragement. Her husband died when he was 39 leaving her to raise three small children on her own until she remarried. In addition to all this, she volunteered to be the Editor of the Pleasant Hill Senior Center's hiking group, utilizing he writing skills and her love of hiking. She spends endless hours putting this together weekly. And she volunteers to help plan upcoming hikes. She helped take care of her husband's mom in her final days and then managed her estate. Quoting Kathy, "Marialyce is a woman who knows so much about everything and can so calmly evaluate a situation with wise understanding. She helps anyone who needs assistance without even a hesitation. She was like a mother to me and a wonderful role model." You know that old saying, "If you have something that needs done give it to a busy person," and that is so very true of Marialyce. She is

always so giving and is ready for any new challenge if it means helping another person.

Nominee: Susan Rosthal Nominated By: Kathryn Winogura, Coordinator of Volunteer Services, Jewish Family and Children's Services of the East Bay



Susan has been a volunteer with our agency, Jewish Family and Children's Services of the East Bay, for almost 7 years. She is 66 years old. She originally came to us as she saw we work with a diverse group of newcomer refugees and immigrants. Susan had been trained in teaching literacy, and wanted to volunteer her time after retiring. For this last almost 7 years, Susan has given hundreds of hours to tutoring, befriending and enriching the lives of so many refugees in Contra Costa County. Since the beginning, Susan has been working with an older adult day care program at Mt. Diablo Center in Pleasant Hill -- which has a specific room and day program designated for seniors from Afghanistan. Almost every Thursday morning for all these years, she leads an ESL and conversation group with about 12 senior Afghans in this program. She has taught them literacy skills in English, has led them in discussions about their past and family stories (through translation), has read books aloud to them, led them in a knitting drive to donate blankets to Afghanistan, and has created meaningful friendships with them.

Susan is also a photographer, and has gifted each woman in the group a beautiful professional portrait; something they would otherwise not have. Because Susan is such a dedicated volunteer, with a heart to serve in the community, Susan fills her whole day every Thursday with not only the Afghan senior tutoring in the morning, but then individual home visits to other seniors in the community in need. She has tutored seniors for citizenship preparation, and she has taught literacy. Susan's day on Thursdays might begin at 8 am, and she often returns home at about 5 or 6 pm. Susan has shown dedication, consistency and a need to serve those in the community she feels she can help. Many of our Afghan refugee clients have expressed gratitude for the ways that Susan has enriched their lives. We thank her for all!

INDIVIDUAL NOMINEES - NOMINATION SUMMARIES

Nominee: Hanna Sveen, Brentwood, Deceased

Nominated By: Kermit Sveen, Summerset Volunteer Program, Brentwood



Hanna had been volunteering for many years until she died July 23, 2013 of congestive heart failure at age 77 caused by the radiation and chemotherapy treatments for breast cancer she received in 2006-2007. She was a devoted volunteer for Caring Hands for several years, until early 2013. She also volunteered at the Gift Shop at Kaiser Permanente in Deer Valley until her illness took her away from the shop. Hanna led a very successful Cancer Society Relay for Life team in Summerset II for 4 years, raising over \$20,000 for the Cancer Society. Hanna also devoted much of her time to volunteering at animal rescue organizations such as HALO and HARP. She was the foster parent of several rescue dogs and she volunteered in other capacities at these Rescue Organizations. Hanna also distinguished herself by singing in Volunteer Choral groups, most recently, the Summerset Singers, the Delta Community Presbyterian Church choir, and the Brentwood Community Chorus, helping to bring musical enjoyment to the community. Hanna placed community needs above her own, until her illness prevented her from

reaching out any longer. It is a pleasure to nominate Hanna Sveen posthumously for the Culture to Culture Community Volunteer Award.

Nominee: Pam Talbot

Nominated By: Pastor Laura Gee, Family Worship Center



I feel I need to personally express my appreciation for the selfless volunteer work consistently performed by Pam Talbot. Her help has been freely given over the past several months as a volunteer helper and cook for our Tuesday night Outreach program. She can always be found there, tirelessly pouring her energy into serving those less fortunate within our community. Never complaining, she dutifully goes about accomplishing any task given her, always ready and willing to help in any way she can. We all appreciate the surprising amount of energy, enthusiasm and compassion this faithful Grandma and Great-Grandma puts into everything she does. Her help has proven to be invaluable not only to us, but to the surrounding community she chooses to serve on a regular basis.

Nominee: Mauna Wagner

Nominated By: Mary Bruns, Lamorinda Spirit Van Program, Lafayette Community Center



Mauna Wagner's volunteer activities are many and diverse and she serves in our community in four distinct capacities. Retired from PacBell after 30 years, Mauna brings her extensive business expertise to assist in the development of the Lamorinda Spirit Van Program. What makes her so special is that she assumes responsibility for making situations work – in the same way that a Program Manager does – researching issues and presenting ideas and solutions. Maureen worked as a volunteer driver for the past five years and has served 1040 hours since June 2008. She drives through Lamorinda hills and dales, taking Lafayette, Moraga, and Orinda passengers to their medical appointments, shopping, and errands every week. When additional drivers are needed for a particularly busy day, she often assigns herself the task of taking the extra shift. For Mauna, driving the Spirit Van is a great way to help people in a very special and personal way. Passengers and friends alike, sing her praises as a caring, responsible, reliable, trustworthy, and careful driver. Mauna and her husband, Jack, recently completed their "visit

all 50 states" goal. While visiting the Transportation Expo in New Orleans last year, Mauna became intrigued with the new paratransit minivans and is eagerly awaiting the delivery of the new Lamorinda Spirit minivan that is on order through the 5310 Federal Grant Program. Since 2007, she also volunteers one-half day a week at the John Muir Medical Center, where she is an escort messenger (running errands and escorting patients and visitors – often in wheelchairs). She also functions as a docent – giving guided tours of the hospital. She volunteers at the Lesher Center for the Arts as an usher since 2004. As a volunteer on the Bond Oversight Committee for the Contra Costa Community College District since 2010, Mauna and committee members review project plans to make sure that the money spent is consistent with the language on the ballot measures. We are grateful for Mauna's many hours of service as well as having her on our team at Lamorinda, working with us to make this program successful.

GROUP NOMINEES - NOMINATION SUMMARIES

Nominee Group: Contra Costa County Elder Court Support Program Volunteers, Senior Peer Counseling Program

Nominated By: Tina Olton, Elder Court Support Program Coordinator Members: Judy Rowan, Annie Stephens, Sharon Stewart, and Barbara Mazie



In late 2008, Contra Costa Health Services began the Elder Court Support Program which offers support and counseling to victims of elder abuse, especially those who come to court without an attorney. To be qualified for the Specialty Counselor training, the individuals have to complete at least one full year of successful counseling in the regular Senior Peer Counseling Program. These four Senior Peer Counselors have been on the job since inception and have not wavered in their faithfulness and dedication. They

Judy Rowan Annie Stephens Barbara Mazie Sharon Stewart are part of a team, who loyally, diligently, and compassionately attend Elder Court each week to insure comfortable, informed, and safe conditions for the seniors that attend elder court. During this training, they learn about they learn about court procedure and protocol, and the complexities of attending to the elders needs while in court. Once trained, they are assigned to take on Elder Court clients to offer emotional support and counseling every Tuesday morning at Court. Legal problems are often stressful and overwhelming. On Court Day, they support their clients by providing information about which is likely to happen in court, attending the court session, answering questions about the court process and meeting with the elder after the hearing to answer questions or meet with the elder to see if there are any questions about what happened in the hearing, and offer follow-up reassurance calls and additional counseling and referrals if needed. They put in at least 3 ½ hours per week with an additional monthly ½ hour meeting for this role IN ADDITION to their duties as regular Senior Peer Counselor. When the court calendar is "heavy", they don't hesitate to take on more clients and double up their usual schedule. They attend extra sessions once a month to discuss changes in procedure, court personnel, and share cases they think others will benefit from. All of this is above and beyond their commitments to the regular Senior Peer Counseling Programs. As the coordinator of the Elder Court Support program, I am so thankful for their stewardship.

Nominee Group: Contra Costa Regional Medical Center's Auxiliary Executive Board Members Nominated By: Rhonda R. Smith, MPA, MAED, MAOL, Volunteer Program Coordinator

Members: Jo-Ann Lee, Brownette Hopkins, Bill Cunningham, Barbara Profe, Shirley Peterson, Delores McDonald, Linda Waxman, Pat Ulmer, Betty Holt, Janie Kirsch, Zara Koeber



The Contra Costa Regional Medical Center's (CCRMC) Auxiliary is a non-profit organization dedicated to providing services to our patients, visitors and staff, and is served by volunteers since 1965. The Auxiliary is instrumental in planning and conducting fundraising and special events that benefit CCRMC patients, staff and the community. The Auxiliary, especially the Executive Board members, serve as the "voice" of CCRMC volunteers to the Volunteer Services Office, hospital administration and the community. The members of the Auxiliary Executive Board spend an enormous amount of volunteering hours at and outside the hospital. Under the leadership of this dynamic team, the total net profits for the gift shop and fundraising activities in 2012 totaled \$84, 528. To date, these individuals have volunteered a total of 44,784.07 hours. This team is dedicated and committed who treat their positions with the same pride and professionalism as a paid employee. They

maintain a professional working relationship with all of our hospital staff and volunteers. CCRMC is proud to have these individuals be part of the Volunteer Services Team. Often times they shun away from the opportunity to be recognized but the success of our hospital volunteer program would not be what it is today without their contributions of time, talent and treasure. It is with great pleasure that I nominate the Members of the Contra Costa Regional Medical Center's (CCRMC) Auxiliary Executive Board for this esteemed volunteer recognition award.

GROUP NOMINEES - NOMINATION SUMMARIES

Nominee Group: The Friends of Discovery

Nominated By: Kathy Chiverton, Executive Director, Discovery Counseling Center

For over 40 years, The Friends of Discovery, a 120 member auxiliary of Discovery Counseling Center of San Ramon, operates The Thrift Station and have contributed over \$7 million to the Counseling Center's operation. In 1973, starting with a few women, the Friends has been able to cultivate and grow an ALL-volunteer thriving retail business. They sort through bags of donations to pick out, price and display the highest quality items in an eye-catching manner so they can be sold at the Thrift Station which opens six days a week, 50 weeks a year. Each Friend works a minimum of two 4-hour shifts a month and many work far more hours than that each month. Without these extraordinary volunteers to donate their time and energy, the Discovery Counseling Center would not be able to raise the fund necessary to provide the much-needed counseling services to the community especially in times of crisis, emotional need and life transitions. The supported programs includes Based Counseling Program (SCIP),



individual and group counseling to all 34 elementary, middle, and high schools in the San Ramon Valley Unified School District. In our Creating Lasting Family Connections (CLFC), groups for middle school youth and parents strengthen families, build self-esteem, and help bolster resistance skills. Other programs offered by Discovery include: San Ramon Valley Alcohol Policy Project Working Group; Youth Offender Treatment Program; CISS: Counseling, Intervention & Support for Seniors; Project EmpowHer; Alternative to Suspension; Juvenile Offender Assessment Program; and Mental Health First Aid, a 12-hour training which teaches the public how to recognize symptoms of mental health problems, how to offer and provide initial help and how to guide a person toward appropriate treatments and other supportive help. This group of incredible volunteers are truly worthy of the highest of praise and the recognition.

Nominee Group: The Health Insurance Counceling and Advocacy Program (HICAP) Volunteer Team Nominated By: Ruth Atkin, HICAP, Program Manager



The Health Insurance Counseling and Advocacy Program (HICAP) is a free volunteer-based Medicare counseling program in Contra Costa County for 29 years. It is the one place Medicare beneficiaries can go to get impartial information, get assistance in enrolling in plans, learn about low-income programs, for which they may be eligible, and to have assistance in appealing claims and bills. HICAP counselors are registered by the State Department of Aging after going through rigorous training requirements and are required to have 40 hours of counseling time and 12 hours of continuing education each year to stay active. As of July 2013, HICAP has 30 registered counselors with nine more in the pipeline. In 2012, these HICAP counselors handled 3276 contacts and 3291 hours of counseling. Their work has saved Contra Costa Medicare beneficiaries \$2.1 million dollars, if

every client had acted on the information HICAP gave them. They have made a difference to the Medicare beneficiaries who come to HICAP. Few examples of their success stories for their clients include winning appeals or lowering costs on ambulance ride and/or hospital expenses; maximizing savings on out of pocket drug costs by comparing drug plans during open enrollment; identifying systemic problems with special health plans for people who have both Medicare and Medi-Cal; reporting on suspicious fraudulent claims, etc. HICAP counselors are truly one-of-a kind, willing to get deeply involved in claims and appeals, and go the extra mile in helping Medicare beneficiaries.

GROUP NOMINEES - NOMINATION SUMMARIES

Nominee Group: Retired and Senior Volunteer Program, Advisory Council and Office Volunteers Nominated By: Dolores Pita, Program Manager, RSVP/Know How Network, Pgm. Mgr. Volunteer Center of the East Bay

Members: Gerry Brown, Elaine Buckingham, Ann Flynn, Kathy Jakel, Wendie Jemo, Jackie Hackett, Craig Kenyon, Dan Safran, Ibis Schlesinger, Christine Scimia, Ray Zenoni



Craig Kenyon Kathy Jakel Jackie Hackett Ann Flynn Safran Schlesinger Buckingham Jemo Zenoni Brown Scimia The Retired Senior Volunteer Program (RSVP) and Know How Network (KHN) are part of the Corporation for National and Community

Service and are sponsored by The Volunteer Center of the East Bay. For the majority of last year, the RSVP/KHN program was without a program director, which resulted in shortfall of projects, and disengaged volunteer and agency relationships. When I was hired in November 2012, my mission was to revive this program, but knew I couldn't take it on by myself. Therefore, I tapped into an established, but dormant data base, of 55+ aged volunteers and requested assistance in the revitalization of the RSVP/KHN program. I was thoroughly relieved to get response from several members, who became my Advisory Council members, which include Gerry Brown, Kathy Jakel, Christine Scimia, Ray Zenoni, Dan Safran, Craig Kenyon, and Ibis Schlesinger. Additionally, I recruited Jackie Hackett and Ann Flynn to be a part of this wonderful team. In this short time, they have continued to express dedication and contribute an investment to the RSVP/KHN Program by meeting on a regular basis, develop marketing materials, and continue to sharpen and renovate the program and processes. Currently, they are integrating a "Program Revitalization Charter", in order to reestablish goals and priorities of the program, and how we can effectively and realistically achieve them. In addition to my advisory council, I have the continued weekly support of Elaine Buckingham and Wendy Jemo, who assist me with daily administrative tasks, database entry, and new member and agency enrollment. They both are dedicated volunteers who come in to my office and spend at least six hours a day completing any task at hand. Their flexibility and dedication are an asset to my program. I know that I wouldn't be successful without their time, dedication, and continued support. Although many of them volunteer at other organizations, I am very fortunate and grateful to work with a fantastic and brilliant group of professionals who are willing to spend their additional time making my program successful. I tell everyone that I have the "best volunteers in the world", and I know that it's a fact!

Volunteer Center of the East Bay, Office Support Volunteer Team

Nominated By: Jo Loss, Executive Director, Volunteer Center of the East Bay

Members: Sandra Earl, Lou Fleming, Doug Layfield, Fran Osborne and John Stearns



The Volunteer Center of the East Bay nominates our phenomenal team of volunteers for the Senior Awards Program. This team is the glue that hold our organization together because we rely on volunteer power to keep VCEB active. The helpful voices that you hear belong to Sandra, Lou, Doug, Fran and John, who guide callers to just the right volunteer opportunity that will enrich their lives. They also answer questions about the over 600 agencies that we host and help prospective volunteers learn how to navigate our website to search for volunteer opportunities. In addition they handle all email that comes to us and work with staff to develop responses. They serve on the grant committee for the Bay Area News Groups Share the Spirit Program and also assist us in administering this program. Sandra has performed the audit for Share the Spirit for two years and has been the lynchpin in establishing a stock giving account for VCEB. John has untangle a complicated acknowledgment program and has enabled us to respond with "thank yous" in a timely fashion and has reestablished our car donation program. We are so lucky to have these individuals help us and we could not place and support thousands of volunteers without them.

JUDGES



Dolores Fox Ciardelli, Managing Editor, Danville Express, Senior Award Judge 2008 to 2013

"What started years ago as a gleam in Chia-Chia's eye to honor volunteers and encourage volunteerism has grown into a wonderful annual event. It's inspirational how these nominees fill so many needs in our community, plus it's interesting how each one finds a niche to fill in his or her own way, according to their individual talents and situations. They are all winners."



Stuart Hing, Judge, Superior Court, Alameda County Senior Award Judge 2010 and 2013

"I really enjoyed reading the remarkable stories about each nominee. This was especially difficult to judge."



Barbara Smith, Senior Award Judge from 2008 to 2013

"Each year I am overwhelmed with admiration for the nominees who give such selfless service to their fellow community members. Volunteerism has deep roots in America – and nowhere more than in our local area. My congratulations to this year's crop!"



Joyce Cram, Judge, Superior Court, Contra Costa County, Retired Senior Award Judge from 2012 - 2013

"Once again I was overwhelmed by the generosity of these senior volunteers. Their commitment to seniors in need is unsurpassed. And reading about all they do makes me tired! It was an honor to be able to review these nominations. The selection process was difficult because all of the volunteers are so deserving."



ACKNOWLEDGEMENTS

THANK YOU, THANK YOU AND MORE THANK YOUS

We are very thankful to the following people who have made our Culture to Culture Foundation's mission possible in the last 12 years.

Diamond Sponsors

- C.C. Yin Founder of APAPA; Owner of 27 McDonald's
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- O Alamo Round Table Pizza
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Joe Wang Ida Williams

Robert Worthington

I-Fong Xu

Special thanks to the following people for their passion, generosity and their outstanding community voluntary services to Culture to Culture Foundation:

- Our Fabulous Judges, who had the incredibly difficult task of choosing our winners from all of these impressive nominations.
 - O Judge Hing Alameda County Superior Court Senior Award Judge 2010-2013
 - O Barbara Smith Senior Award Judge 2008 to 2013
 - O Dolores Ciardelli Managing Editor of Danville Express Senior Award Judge 2008 2013
 - O Joyce Cram Contra Costa County Superior Judge, retired Senior Award Judge 2012-2013
- O Sophie Goto Nomination Summaries and assisting with planning for today's event.
- O Chang Xiu Wang of Kobe Japan the bouquets for all the nominees.
- O Philip Yuen Web Master, providing outstanding technical expertise, editing, organizing and uploading our information to keep it current and on-going maintenance of our website over the years.
- O Ray Zenoni Graphics design for flyers, invitation, program, slide show, and certificates.

Thanks to the Pleasant Hill Senior Center for your support and contributions to our today's event and events in the past.

To Our Wonderful Volunteers and Supporters

- Arlene Mose, C to C's CPA since the inception of our organization
- O Joe Wang, Videography
- Kristine Watson (Comfort Keepers)
- Melody Wang and Remona Ji's singing
- O All volunteers who have helped with the registration and reception

Delia Brown Li Juan Maria Molina Liza Cordia Nancy Koo **Angie Sandegard** Champa Kripalani Daniele Dang Gareth Tang Jim Donnelly Sulina Lei Yueh Tao Sharon Harrich Mei Mei Tsai Briana Lin Kim Hester Gao Min Chang Xiu Wang

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