CULTURE TO CULTURE FOUNDATION





10th Anniversary Celebration &
4th Annual Senior Volunteer Awards
Program

October 16, 2011

Contra Costa Jewish Community Center 2071 Tice Valley Blvd, Walnut Creek







The Culture To Culture Foundation

The Culture to Culture Foundation was founded in 2001 to promote peace and harmony while fostering a deeper understanding and appreciation for the great diversity in today's global community.



We are a nonprofit community-based organization dedicated to promoting mental health and emotional wellness within the San Francisco Bay Area's culturally diverse communities. During the last 10 years, with the continued support and generosity of our supporters, sponsors, donors and volunteers, C to C has been able to develop programs of the Chinese American Mental Health Network (CAMHN), the Chinese American Mental Health scholarship, Multi-Cultural Senior Center, and Senior Volunteer Award of Contra Costa. Through our various programs, projects and events, we reach out and bring the community closer together.

Founder: Chia-Chia Chien Co-Founder: Shiao Chien Lee







Today's Program

INTRODUCTION

Call to Start - Anna Price

Video of C to C's 10th Anniversary - Mike Connell

Welcome Remarks - Chia-Chia Chien

APPRECIATION TO SPONSORS AND VOLUNTEERS - CHIA-CHIA CHIEN

Diamond Sponsors

President Kelly, C.C. Yin, Shekhar Radhakrishnan, Kevin Young, Mina Li

Gold Sponsors

Saul and Sherry Yeung, Aimin Liu, Peter Liu, Jo An Sun, Karen Kam, Chang Xiu Wang

OUTSTANDING VOLUNTARY COMMUNITY SERVICE

Michael Connell, Anna Price, Ray Zenoni







APPRECIATION TO JUDGES - JUDGE CRAM

Stuart Hing, Barbara Smith, Dolores Ciardelli, Ann Wullschleger, Shoshana Eliahu

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Today's Program



INTRODUCTION OF 2011'S NOMINEES AND NOMINATORS - M.C. ANNA PRICE

State Assemblywoman Buchanan, County Supervisor Uilkema, President Kelly, President Qayoumi, C.C. Yin, Shekhar Radhakrishnan, Karen Kam, Kevin Young, Don Sun, Henry Yin, Haoli Lang, Matt Shriner, Kristine Watson

- Aaker, Kay Nominated by Diana Ryckman, Hospice of the East Bay, Pleasant Hill
- Addiego, Joy Nominated by Carol Ann Barber, The Know How Network, Walnut Creek
- Bennett, Bette Nominated by Prince Victor, Danville
- Boyle, Tighe Nominated by Mary Bruns, Lamorinda Senior Transportation Program, Lafayette Senior Center
- Bregman, Len Nominated by Kermit Sveen, Summerset Volunteer Program, Brentwood
- Callahan, Mike Nominated by Kermit Sveen, Summerset Volunteer Program, Brentwood
- Cowan, Ruby Nominated by Jonathan Torres, Pinole Senior Center, Pinole
- Cutright, Myrtle Nominated by Deborah Cash, St. Mark's Lutheran Church, Pleasant Hill
- Ernst, Joan Nominated by Rosann Russo and Monica Lander, San Ramon
- Evans Gloria Nominated by Sharon and Richard Smith, Danville
- Fairbanks, Bob Nominated by Linda Groobin, Caring Hands, Walnut Creek
- Fuentes, Martha Nominated by Maria Reyes, La Clinica, Pittsburg
- Kluever, Mike- Nominated by Sharon Fitzgerald, Meals on Wheels, Walnut Creek
- Knowles, Rich Nominated by Alissa Fencsik, The Know How Network
- Malpass, Wayland Nominated by Leo Verdas, Pleasant Hill Senior Center
- Mortensen, Claudia Nominated by Noelle Pruett, The Kensington
- Newsong, Eartha Nominated by Kate Wiley, Seniors Around Town, Orinda
- Olton, Tina Nominated by Judge Cram, Contra Costa Superior Court, Elder Abuse Court, Martinez
- Paulovic, Julia Nominated by Brenda Perry, Antioch Senior Center, Antioch
- Pazos, Nettie Nominated by Shoshana Eliahu, Contra Costa Jewish Community Center, Walnut Creek
- Reed, Phil Nominated by Teri Mountford, Alcosta Senior Community Center, San Ramon
- Rosenberg, Flo Nominated by Shoshana Eliahu, Jewish Community Center, Walnut Creek
- Rothway, Barbara Nominated by Maria Lichauco, The Diablo Valley Foundation for the Aging, Walnut Creek
- Stamatis, Irene Nominated by Noelle Pruett, The Kensington, Walnut Creek
- Tennant, Pat Nominated by Kathy Kavanagh, Hospice of the East Bay, Walnut Creek
- Twist, Tom Nominated by Ray Zenoni, Friends of Meals on Wheels, Pleasant Hill
- Wallace, Mary Nominated by barbara Chavez, Danville Women Club, Danville
- Zych, Harriet Nominated by Sydney Anderson, East County Senior Coalition

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Today's Program



SENIOR AWARD PRESENTATION

President Kelly, President Qayoumi, Shekhar Radhakrishnan., C.C. Yin, Kevin Young, Stuart Hing, Barbara Smith, Dolores Ciardelli, Ann Wullschleger, Shoshana Eliahu

ENTERTAINMENT

Dan Chen

INTERNATIONAL FASHION SHOW

Sai Radhakrishnan

KOREAN DANCE

Mija Barron and the Korean Dance Class

INDIAN DANCE

Sai Radhakrishnan

ENTERTAINMENT

Dan Chen



BUFFET DINNER





KAY AAKER Nominated by Diana Ryckman of the Hospice of the East Bay



Kay has become a patient support volunteer at Hospice of the East bay for the last 27 years. She has spent her time, energy and heart giving to hundreds of terminally ill patients and their families. Kay responds to patient requests for transportation, errands to be run, and companionship or providing respite to the patient's family member or friend. She generously shares her wealth of experience and knowledge by mentoring new volunteers, and is always the first to volunteer for the most challenging assignments, driving hundreds of miles each year, racking up almost 700 volunteer hours just since tracking them in 2004 plus the earlier 20 years. Kay is a volunteer who pops in the office early morning to help staff make the phone calls that match patient requests to available volunteers, takes a break to play 9 holes of golf, then returns to complete those calls. Over the years, Kay has also volunteered for Meals on Wheels, Caring Hands at John Muir Hospital, and provided for the last twenty years, volunteer support for the

American Cancer Society. A poster child for volunteerism, Kay positively and creatively impacts at least one other person's life every day and she does it with such dignity, grace and style.



JOY ADDIEGO Nominated by The Know How Network of the Volunteer Center of the East Bay



Joy Addiego works effortlessly on behalf of two important nonprofits, the Lindsay Wildlife Museum and Court Appointed Special Advocates (CASA). This past year alone, she has logged almost 500 hours for these two organizations. Using her professional teaching skills in many different ways, she is truly making a difference in the Bay Area. Joy symbolizes the new volunteer workforce who donates knowledge, skills, and time to positively impact our community.

At the museum, Joy is involved in many diverse areas. The mission of the museum is to connect people with wildlife to inspire responsibility and respect for the world we share. The many aspects of the museum operations Joy impacts include the board, the hospital, the development campaigns, and the education programs. Her commitment as a board member is a critical success factor for all of the different services the Lindsay offers. And in her favorite role as a docent, she impacts how children perceive nature and

wildlife and interact with their environment. Not only does Joy work at the Lindsay Museum, but she is also committed to her work with CASA. As a CASA volunteer, Joy works one on one with a child who is at risk. In this position, she directly impacts the life and the future of an individual who is in need of adult support. She has volunteered with CASA for 6 years (August 2005), an example of her commitment to volunteer work.

Joy Addiego truly is an inspiration and a Know How Network volunteer extraordinaire!



BETTE BENNETT *Nominated by Prince Victor of the Danville Community*



Bette has volunteered in many aspects in the Danville Community. From 2005-2010, she shopped for groceries to distribute to the Danville Senior Center. Every Monday she goes to the Senior Center for four to six hours to help clean the kitchen, set up the tables for activities, make coffee, and help out in any way possible. Bette spends between 45 and 60 hours volunteering for the Danville Police Department and works in her church parking lot Volunteer Policewoman. She regularly helps the Danville City Administrators and organizes senior bus trips to casinos, and conducts bingo games on the bus rides as well. On Fridays Bette volunteers 2-3 hours at the Village Center where they show free movies and she serves popcorn at the theater. She also gives rides to seniors who need to go to the bank, shopping center, or hospital. A role model to everyone, she always welcomes people with a smile and a sincere, warm hug.

Bette's good nature and continuous care for others makes her a good candidate for this award.





TIGHE BOYLE Nominated by Mary Bruns, Lamorinda Senior Transportation and Spirit Van Program



If anyone can claim to be the first volunteer for the Lamorinda Spirit Van Program, it is Tighe. He was instrumental in forming the original committee that created this valued senior transportation service for Lamorinda seniors. It includes the Lamorinda Spirit Van Program, the Contra Costa Yellow Cab and DeSoto Company, which provides Lamorinda seniors a 20% discount on taxi rides, and two volunteer driver programs: Senior Helpline Services Rides for Seniors and Orinda Seniors around Town.

Tighe, a tireless advocate for senior transportation over many years, is known for his ability to build relationships between organizations and to help communities pull together to create new transportation options for seniors. Currently he continues serving the community as: Co-Chair Contra Costa Senior Mobility Action Council; Volunteer Driver for Senior Helpline Services; Board Member, former Chairperson, for Senior Services Foundation, San Leandro – a friendly visiting program serving isolated

seniors in Central Alameda County; Member California Association for Coordinated Transportation – a transportation association for smaller and rural providers; Contra Costa County 5310 review committee member; Past President Optimist Club of Castro Valley – a non-profit volunteer organization supporting youth activities; Former Chair Older Californian Traffic Safety Task Force, Mobility Workgroup – diverse membership working at the state level on issues facing older drivers.

As an experienced practitioner in Transportation, Tighe's counsel is readily sought by leaders and organizations working to improve Senior Transportation. He is recognized at the State level as one of the active leaders in Senior Mobility Management."



LEN BREGMAN Nominated by Kermit Sveen, Summerset Volunteer Program, Brentwood



U.S. Marine veteran Len Bregman is being nominated for working with the Veterans Club in Brentwood and founding the Summerset Veterans Club in 2001. After the Iraq invasion, Len organized others in the community to collect personal items and also to fund raise to purchase items not attainable to soldiers to send overseas. He began shipping boxes of supplies, such as food, clothing, candy, and golf gear to troops in Iraq in 2007. For the last few years he has shipped 1135 boxes to troops in Iraq and more recently in Afghanistan. Len dedicates about 20 hours per week collecting and shipping supplies overseas along with organizing fundraising activities. Over the years, Len and his wife have collected a large binder filled with thank you notes and photos from the recipient service people. In addition, the troops in Afghanistan sent Len the American flag which flew at Camp Falluja as a tribute to his effort to sustain the troops. Len intends to "keep shipping boxes of supplies until the troops come home."



MIKE CALLAHAN Nominated by Kermit Sveen, Summerset Volunteer Program, Brentwood



Mike has been volunteering for 18 years with the AARP Tax-Aide Program in Contra Costa County, which provides free income tax counseling and electronic filing for seniors paying low-to-moderate income tax. For the past four years, Mike has taken on the role as District Coordinator for East Contra Costa County in the Antioch, Brentwood, and Pittsburg locations. He as expanded the program which began with only a handful of personnel to over 20 volunteer support and tax counselors, helping to serve nearly 1500 people every year. Mike's numerous tasks include publicizing the program, recruiting and training volunteers, ordering forms and supplies, setting up equipment, counseling taxpayers and transmitting tax returns and managing local sites. He serves the community generously and remains busy through the tax season from September through April. In addition, Mike gives up his free time to volunteer as crew chief with Habitat for

Humanity in building sites in Concord and Pittsburg as well.





RUBY COWAN Nominated by Jonathon Torres, Pinole Senior Center



Ruby has been an integral part of the Pinole Senior Center's Board of Directors, Special Events Committee, and Food Program for the last 13 years. Ruby is a loving, committed, and trustworthy individual. She gives an average of 80 hours a month volunteering. As an elected member of the Board of Directors, Ruby ensures the programs, classes, and services are satisfactory. Her true leadership skilss is evident during special events and dances. As the lead volunteer, she oversees the kitchen and works closely with the chef and 8-10 other volunteers in in planning and preparing the meals for the special occasions. Week in and week out, Ruby volunteers much of her time and talents at the Pinole Senior Center and plays a major role in the quality programs and services it offers.



MYRTLE CUTRIGHT
Nominated by Deborah Cash, St Mark's Lutheran Church



Myrtle is the essence of one who offers herself up for service. She joined St. Mark's Lutheran Church about 20 years ago. She leads the Crafty Ladies group working on various projects of handmade products such as school and health kits, children's fleece blankets, bibs, quilts, knit gloves, fleece caps, Christmas stockings, etc. She gives at least 192 hours every year to make hundreds of crafts to donate and give to others in Contra Costa County. The goods are given to many non-profit organizations and some are sold at the Holiday Fair so that the proceeds can help benefit those organizations as well. Myrtle always works hard and cares for others. She leads with a good natured grace and a nurturing authority. She is a giving friend and a compassionate member of the community. Myrtle is also a charter member of the "Women in Military Service for America" and served in WWII in various ways. One of 100, she was sworn into the Women's Army Auxiliary Corps in May 1943 and earned many decorations and reached the rank of Sergeant by the end of her service in November 1945. In her 91 years, she has not slowed down or eased up on any volunteer work. Myrtle is dedicated to serving her community and the communities of others,

both nationally and internationally, and she serves as a woman, sister, friend, mother, and patriot.



JOAN ERNST
Nominated by Shirley Ernst, Past Chair - Senior Advisory Committee of San Ramon



Since she was young, Joan has been involved in volunteering her time to helping others. To this day, she is involved in numerous programs in the community. For eight years, she has volunteered with the Dublin/San Ramon Women's Club Scholarship program and served as Chairman. She has developed applications, letters to counselors, and worked with Scholarship Committee to develop criteria for scholarship applicants. She goes through the screening process and makes an appropriate selection. Joan spends 6 hours a month for five months out of the year to assist young people in following their dreams and choosing their careers. In addition, she has spent numerous hours over the last 8 years working with the Teen Career and Job Fair in cooperation of cities in San Ramon, Dublin and Pleasanton. In about ten years this even has expanded from 35 teens to over 600. Joan volunteers for this event for 35 hours between January and March of each year. She spends 10 hours working with teens to assist the

annual crab feed fundraiser for the Women's Club. Joan not only works with teens, but she also works with pre-schoolers who have been screened for myopia, an eye condition, for 3 hours a month from September through May. She tutors students several hours a week for the past 8 years. As Publicity Chairman for Women's Club, Joan advertises all events and activities for the club. Among other things, Joan even works with senior citizens in the San Ramon Advisory Committee. Joan has dedicated much of her time helping the community for many years and dedicated a tremendous amount of her time helping others.





GLORIA EVANS Nominated by Richard and Sharon Smith - John Muir Medical Center



Gloria has volunteered in the John Muir Medical Center for 23 years. She has been a volunteer Docent for over 3900 hours, greeting people for John Muir Health in the Admitting Department. Gloria's knowledge of the first three phases of the Medical Center is unsurpassed. She can escort any incoming patient or patient's family into even the most remote corner of the facility. Her calm, professional demeanor allows her to take charge of every request that is made of her. Her smile lights up the way on every step of her journey and those around her can sense the joy and pride in her service to John Muir Health. Amazingly, Gloria continues her voluntary work despite the fact that she has been legally blind for the last ten years. She has committed every part of the physical plant to memory. She knows the number of steps, the smells in the air, the noises in the hallways and where she needs to be. Gloria is an inspiration and has not slowed

her step, her enthusiasm has not waned, and her eagerness to participate has not diminished.



MARTHA FUENTES Nominated by Maria Reyes, Community Health Education Manager - La Clinica



Martha is a good candidate for the Senior Award because of her ability to engage and motivate seniors in health, wellness and advocacy and her commitment to ensure that all senior have access to resources that promote a better quality of life. Martha has developed strong relationships with the seniors of Pittsburg. Every Wednesday she holds a lunch meeting to discuss an array of topics including seniors with Alzheimer's disease and transportation access for seniors. BART representatives came to listen to one of the meetings and invited to actively participate in the community hearings. Martha organized a contingency of 10-12 seniors who attended all Community Hearing sessions and were heard by the e-BART decision community. Some ideas addressed in the expansion of e-BART include bilingual signs with large font, more lighting, and accessible ramps connecting bus routes with BART. Martha's charisma has motivated seniors to enjoy each others company while having group discussions and facing challenges

they face to together find solutions to those concerns. She has become popular in the senior community and her resourcefulness and compassion are very much appreciated in the community.



ROBERT (BOB) FAIRBANKS Nominated by Linda Groobin, Caring Hands Volunteer Caregivers Program



Bob has worked with the Caring Hands Volunteer Caregivers Program with John Muir Health from 2007-2011. Over the past four years, Bob has dedicated 1200 hours of his time providing transportation for seniors, and also visiting regularly with two seniors, whom he considers like family. His generosity led him to serve in the Advisory Committee, where he served as Vice President. He also assumed the role of Chair of the Fundraising committee. Since 2009 he's helped lead the program's largest fundraiser, Day at the A's. In addition to all the time Bob devotes to Caring Hands, he also regularly volunteers at Love-A-Child Missions Recovery Shelter where he helps women and children of Contra Costa County who are in need of food and shelter, and at Loaves and Fishes in Martinez feeding the hungry.





MIKE KLUEVER

Nominated by Sharon Fitzgerald, Meals on Wheels Program Manager - Meals on Wheels & Senior Outreach Services Nominated by Susanna Meyer, Friendly Visitors Program Manager - Meals on Wheels & Senior Outreach Services



Mike is an energetic and committed volunteer who contributes 150% effort and a great sense of humour as well. He worked at the Animal Rescue Foundation for three years training other volunteers in socializing cats, and in the process took home two cats. Currently, Mike has been volunteering for seven years with Meals on Wheels as a volunteer driver and for three years as a Friendly Visitor with Senior Outreach Services, where he is matched with two clients. Mike has also been an active volunteer with the Contra Costa Interfaith Coalition for seven years, collecting furniture and household items to deliver to veterans, seniors and families with children. This program links the communication between churches and social services all over the country. To add to the list, Mike also donates blood to the American Red Cross every eight weeks, whose rare blood type is needed for infants and premature infants. Mike is very involved in his community and dedicates nearly five days a week of volunteer work.



RICHARD KNOWLES Nominated by Alissa Fencsik, Program Manager - The Know How Network



The Know How Network (KHN) is a Volunteer program in the East Bay which connects professionals 55+ years with local nonprofits who need help with special projects. Rich was placed on a project at Senior Outreach Services (SOS) to maintain heal and wellness safety nets for seniors in the community. This service allows seniors to live safely and comfortably in their own home. Rich has donated over 400 hours of his time as a skilled database programmer to build a program which encompasses spreadsheets and databases. This new system allows staff members at SOS to efficiently see each person's Home Care Registry. After building a truly customized system and then training other members to use it, his dedication extends way past his experience. Rich's program has saved hours of time that can be now used toward improving the program and the community even more.



WAYLAND 'MAL' MALPASS Nominated by Leo Vardas - President of the Pleasant Hill Senior Center Board of Directors



Wayland "Mal" Malpass is the buliding supervisor of the Pleasant Hill Senior Center. Mal volunteers his time providing 24-7 maintenance and repairs to various locations in the center fixing the plumbing, air conditioning, electrical, flooring, etc. After many years of experience of being a contractor, he is capable of repairing anything from a light switch to a kitchen freezer. Mal remodeled a house next to the Recreation and Park district and turned it into a computer laboratory, called the "Little House." He has provided great improvements to the Community Center and is currently volunteering more of his time to fixing up another Recreation Center called Winslow Center.





CLAUDIA MORTENSEN AND IRENE STAMATIS

Nominated by The Kensington Assisted Living Facility, Walnut Creek (Noelle Pruett)



Claudia Mortensen. Claudia is an amazing woman who in her retirement enjoys assisting others at our community in anyway that she can. A resident of The Kensington, an Assisted Living Facility in Walnut Creek, Claudia is the Resident Council President as well as one of the Chair women for our Employee Gift Fund. Claudia gives countless hours back to our community by helping residents when they have concerns or problems. She will bring these problems to correct managers, or talk directly with our Executive Director so that he can help that resident out. Claudia also runs our monthly Resident Council Meetings which is made up of 5 different committees. These committees address Food, Activities, Transportation, Library, and their Employee Gift Fund. She keeps in contact with all committee members and makes sure that they are also working with residents and dealing with concerns. She makes sure that everything is running smoothly for our residents from their perspective. Claudia is also in charge of our

Employee gift fund. Residents are not allowed to tip Assisted Living Employees because of State Laws. Claudia, along with other residents contact all residents in our community to see if they would like to donate to the fund, which is then distributed to the employees at Christmas time. Last year Claudia helped raise over \$36,000 which was given to all hourly employees at their Resident Christmas party.

Claudia is very dedicated to our residents. She will help anyone out in anyway that she can. She also tries out our different activities to make sure that we have great classes available to our residents. She also always come to our New Resident Luncheons to welcome all new residents to the community.

The Kensington's residents truly appreciate the many hours that Claudia has dedicated to helping other residents each and every week. Without him The Kensington would be a different place.

IRENE STAMATIS. We have another resident that works side by side with Claudia with all of the committees and activities that are listed above. They both work extremely hard. The other resident's name is Irene Stamatis. She is the secretary of our Resident Council, assists on the Employee Gift Fund committee and comes to all of our New Resident Luncheons. Irene also assists residents if the have concerns or worries that need to be addressed. I don't know what The Kensington would do without these two ladies! They both deserve to be nominated for all of their hard work!!





EARTHA NEWSONG Nominated by Kate Wiley, Director of Seniors Around Town



Eartha has dedicated her entire life to helping others, as she began as a trained and registered nurse/midwife in Pakistan, then later in the U.S. working to take care of the elderly for decades. She has volunteered for the Lamorinda Housing Advocates for ten years now working to find affordable housing for seniors. Eartha joined the Winter Nights program in 2003 where she volunteers to find shelters for homeless seniors, women and children during the biting cold winter months in Lamorinda. To this day, Eartha continues to find more volunteers to help with food and transportation at the shelter, and also helps out in the kitchen herself and often as an overnight volunteer as well. At the Orinda Senior Village, an affordable housing facility for seniors, Eartha helps provide additional medical services, care giving, and transportation, as well as volunteering in various events in the monthly newsletter. Aside from all of these, Eartha is most devoted and passionate about volunteering with Seniors Around Town (SAT), a volunteer transportation program serving seniors in Orinda. Surpassing her 9 hour volunteer requirement, Eartha dedicates over 30 hours a week driving seniors around town! She has worked 7 days a week for the past six years. She is a champion for the rights, independence and dignity of all seniors through her passionate

and dedicated volunteer work.





TINA OLTON
Nominated by Joyce Cram, Judge - Contra Costa Superior Court



Tina established the comprehensive Elder Court in November of 2008 as a tribute to her parents to do something for seniors. This court hears out cases involving seniors who were victims of elder abuse. She joined Senior Peer Counseling, a program offered by Contra Costa County Health Services, which trains volunteers 55 years or older to use their life experience skills to provide emotional support to other seniors. After 75 hours of training, Tina received her first client and has been helping as many as twenty clients at a time ever since. She has learned that many of her clients have complex legal problems and has done all she could to help. Since 2008, Tina has met with every self-represented litigant seeking restraining orders to tell them what to expect and to give them courage through the process. Contra Costa County's Elder Court meets every week, where Tina spends at least four hours every Tuesday. She volunteers an average of 40 hours per week in the meeting and also with her other clients. Whether a senior is in need of a restraining order, conservatorship hearing, a criminal case or a civil proceeding, Tina provides unending

support. The court's recently received the highest award, presented by the Administrative Office of the Courts, the Ralph N. Kleps Award for Innovation in the Courts. Tina Olton should be recognized for her extraordinary commitment to seniors for establishing the Elder Court.

JULIA PAULOVIC Nominated by Brenda Perry of The Antioch Senior Center



Julia has volunteered five days a week at the Senior Nutrition Program in Antioch and has for the last 17 years. At ninety-five years old she has just recently cut back to one day a week. She is also the main fundraiser for the program, selling over 95,000 raffle tickets in her 17 years of volunteer work. She is an asset to the Senior Center and is a joy to know for her sweet smile and kind words for all.



NETTIE PAZOS AND FLO ROSENBERG Nominated by Shoshana Eliahu, Contra Costa Jewish Community Center



This duo has been nominated by Shoshana Eliahu, director of the seniors at the Contra Costa Jewish Community Center. Flo (85 years old) and Nettie (86 years old) have served lunch to the elderly at the community center twice a week for the last four years. The pair of them volunteer three and a half hours per visit and have never missed serving a meal. After lunch, they clean up and leave the dining area as spotless as it was before. They have dedicated much of their time serving the elderly community and have worked hard to become an essential part of the Nutrition program at the Jewish Community Center.



PHIL REED

Nominated by Terry Mountford of The Alcosta Senior and Community Center



Phil has volunteered at the City of San Ramon Alcosta Senior Center since 1996 and has logged in over five thousand hours of service. He continues to go beyond the call of duty no matter the task. He currently is the treasurer of the San Ramon Senior Center Foundation, van driver of the Senior Center Express Van, Group leader for the Computer Docents and oversees the operation of the center's computer lab. In the past, Phil has also been a member of the Senior Advisory Committee and tutored high school students as a part of the center's Senior Scholar Program. Phil is also a member of Northern California's Geological Society and leads the yearly wildflower and tarantula hikes as a Docent on Mt. Diablo. As the Computer Docent in the senior center, Phil oversees that the computers are working properly and supplies are replenished when necessary. He also spends a great amount of time reorganizing and updating all of the

books in the Senior Foundation and works hard ensuring the budget for the foundation so that seniors can partake in various activities. Phil always has the best interests of the seniors at the Alcosta Senior Center in mind. He will go out of his way to help a senior in need. He is a dedicated and hardworking volunteer who goes about his work quietly and never seeks recognition, even though he is more than deserving of recognition.





FLO ROSENBERG AND NETTIE PAZOS

Nominated by Shoshana Eliahu, Contra Costa Jewish Community Center



This duo has been nominated by Shoshana Eliahu, director of the seniors at the Contra Costa Jewish Community Center. Flo (85 years old) and Nettie (86 years old) have served lunch to the elderly at the community center twice a week for the last four years. The pair of them volunteer three and a half hours per visit and have never missed serving a meal. After lunch, they clean up and leave the dining area as spotless as it was before. They have dedicated much of their time serving the elderly community and have worked hard to become an essential part of the Nutrition program at the Jewish Community Center.











Barbara is a resident of Rossmoor and an experienced financial auditor and helps as an AARP Tax Aide Program Specialist at Rossmoor and is an in-office monitor at the Diablo Valley Foundation for the Aging in the Money Management Program for Low-Income Seniors. Over the past two years, Barbara has helped more than 30 seniors with financial organization, tax advice, and health care guidance in a thoughtful and good-humored way.







IRENE STAMATIS AND CLAUDIA MORTENSEN Nominated by The Kensington Assisted Living Facility, Walnut Creek (Noelle Pruett)



Claudia Mortensen. Claudia is an amazing woman who in her retirement enjoys assisting others at our community in anyway that she can. A resident of The Kensington, an Assisted Living Facility in Walnut Creek, Claudia is the Resident Council President as well as one of the Chair women for our Employee Gift Fund. Claudia gives countless hours back to our community by helping residents when they have concerns or problems. She will bring these problems to correct managers, or talk directly with our Executive Director so that he can help that resident out. Claudia also runs our monthly Resident Council Meetings which is made up of 5 different committees. These committees address Food, Activities, Transportation, Library, and their Employee Gift Fund. She keeps in contact with all committee members and makes sure that they are also working with residents and dealing with concerns. She makes sure that everything is running smoothly for our residents from their perspective. Claudia is also in charge of our

Employee gift fund. Residents are not allowed to tip Assisted Living Employees because of State Laws. Claudia, along with other residents contact all residents in our community to see if they would like to donate to the fund, which is then distributed to the employees at Christmas time. Last year Claudia helped raise over \$36,000 which was given to all hourly employees at their Resident Christmas party.

Claudia is very dedicated to our residents. She will help anyone out in anyway that she can. She also tries out our different activities to make sure that we have great classes available to our residents. She also always come to our New Resident Luncheons to welcome all new residents to the community.

The Kensington's residents truly appreciate the many hours that Claudia has dedicated to helping other residents each and every week. Without him The Kensington would be a different place.

IRENE STAMATIS. We have another resident that works side by side with Claudia with all of the committees and activities that are listed above. They both work extremely hard. The other resident's name is Irene Stamatis. She is the secretary of our Resident Council, assists on the Employee Gift Fund committee and comes to all of our New Resident Luncheons. Irene also assists residents if the have concerns or worries that need to be addressed. I don't know what The Kensington would do without these two ladies! They both deserve to be nominated for all of their hard work!!







PAT TENNANT Nominated by Kathy Kavanagh of Hopsice of the East Bay



Pat has been a bereavement volunteer for Hospice of the East Bay since 2007 and takes good cares of her clients. As a retired nurse, Pat warmly guides bereaved family members through the grief process with kindness and compassion. She went through the 20 hours of volunteer training program and an additional six hour bereavement-specific training program before being assigned to family members experiencing loss. Assignments can extend up to 13 months and entail regular home visits and frequent phone calls to help family members through their grief, from the initial raw stages of pain and sadness to the restructuring of their lives without loved one and create new hope for the future. No matter the circumstances, Pat has gone the extra mile for these families generously given her time and expertise to those in need. She attends the annual Evening of Remembrance and gets to reconnect with family members she has helped. Pat regularly attends Volunteer Meetings and started up a grief support program at St. John Vianney's Church. Pat also gives up whatever additional time she has to volunteering at the Contra Costa County



TOM TWIST Nominated by Ray Zenoni, Friends of Meals on Wheels



Tom has been an active volunteer for over 10 years and volunteers with a number of non-profits in Contra Costa County.

- Meals on Wheels and Senior Outreach Services. On his Walnut Creek route Tom's clients look forward
 not only to the meal he brings them but also to his visits. It is an important part of the week for many.
 Tom has delivered over 7,500 meals to our senior community. He also assists with fundraising
 activities for the organization. Tom has been a proactive spokesperson for Meals on Wheels helping to
 raise community awareness.
- Friends of Meals on Wheels. Tom is the current Treasurer of this non-profit organization. "Friends" helps provide funding for the meals served by the Meals on Wheels and Senior Outreach Services
- organization. Every year he also assists with the Friends annual Holiday Lunch, where attendees are treated to a homemade lunch, get to socialize with others, enjoy holiday entertainment and take home a holiday present.
- Kaiser Hospital Walnut Creek. Tom assists with in-hospital transport. He also works at the information desk, where he
 fields hundreds of questions on each shift. He has logged over 1,400 volunteer hours at Kaiser and helped thousands of
 people.
- Sheriff's Department Alamo. Tom volunteers in the front office of the sheriff station in Alamo. He answers the phone, greets people and often provides referrals within the department. In addition, he moves sheriff cars and helps with setup for civic events.
- Blackhawk Museum. Tom is a docent at the Blackhawk Museum.

Tom has dedicated himself to helping seniors and the community at large, making his community a better place for all of us live and age.



MARY WALLACE
Nominated by Barbara Chavez, President of the GFWC Danville Women's Club



Mary has volunteered at the GFCW Danville Women's Club for the last 36 years, devoting an average of 20 hours a week, which comes out to a grand total of 37,440 hours! As treasurer, Mary oversees the finances of the club including keeping financial records, paying bills, preparing tax forms, sending out disbursements to charitable organizations, and awarding scholarships to high school students. She also manages and coordinates other events such as bridge luncheons and fashion shows for Hospice in the Danville Women's Clubhouse along with the Mount Diablo District Women's Club. She also bakes and prepares food dishes for the monthly luncheons and cleans up after the meeting. Mary keeps the club of 37 members organized and on track. She does not often get the appreciation she deserves when the majority of her work occurs "behind the scenes."





HARRIETT ZYCH Nominated by Sydney Anderson of The East County Senior Coalition



Harriett has volunteered time to help all over East Contra Costa County. As a resident of Oakley, Harriet has made it her goal to make it as enjoyable as possible. Since 2000, Harriett has been very involved with the East County Senior Coalition. She helps originanize heath fairs and educational events for older adults in East County. Harriett is involved in all of activities, eagerly serving on committees and rarely misses a meeting. She makes sure Oakley hears about all of the events we host. The Coalition held a Senior Health and Information fair in Brentwood in February of 2011 and Harriett almost single handedly took care of the food, did outreach and public relations in Oakley and was at the event from start to finish to help make sure it ran smoothly. This event helped to connect seniors with the services they need. For over ten years, Harriett has been the volunteer program manager for the Senior Food Program in Oakley (formerly Brown Bag), which helps distribute groceries to those in need who are over 55 twice a month. She dedicates over eight hours a week working with local agencies in donating reusable bags to save the environment. Harriet

also serves on the board of the Contra Costa County Farm Bureau as Ambassador to Agriculture in the Classroom (AITC), where she educates kids about where food comes from and also mans the AITC booth at the County Fair. In addition, Harriet assisted in forming a Bingo group and a new medical group at St. Anthony's Church to fulfill philanthropic activities. She really enjoys working with all age groups. Harriett is never shy to learn new things, meet new people or ask for what she wants for the good of the community. At the age of 81, she has a lot more energy than many others who are younger than she. All of these activities keep her vibrant and engaged. She is truly a senior volunteer role model.

CONGRATULATIONS TO OUR NOMINEES

For Your Outstanding Contributions to Our Community

WE SALUTE YOU!

CULTURE TO CULTURE SENIOR AWARDS



2008 Awards

2009 Award Winners

2010 Award Winners



Judges





Dolores Fox Ciardelli Managing Editor, Danville Express Senior Award Judge 2008 to 2011

Whew! Judging this year's Senior Volunteer Awards was a tough job. Luckily we had criteria to use, which included length and time of service and measurable outcome -- otherwise I think I'd still be reading over and over about these wonderful folks who give so much to their community. Also, the nominators wrote so eloquently, which made me appreciative of their efforts, too.



Stuart Hing

Judge, Superior Court, Alameda County Senior Award Judge 2010 and 2011

"I really enjoyed reading the remarkable stories about each nominee. This was especially difficult to judge."



Shoshana Eliahu

Director Adult/Senior Program Department, Contra Costa Jewish Community Center Senior Award Judge 2011

Being a judge for the first time at the Culture to Culture Foundation Tenth Annual Celebration, has been an enriching experience. As a judge I got a glimps into some wonderful people, voluteers who devote their time, talent, and efforts to serve the senior population in our community, and improve their lives. I felt so much richer for having this unique opportunuity, and to be involved in bringing to light some extra-oprdinary human beings.



Barbara Smith

Senior Award Judge from 2008 to 2011

"It is a challenge and an honor to help decide the winner among such a distinguished group of nominees."



Ann Wullschleger

Program Manager, The Know How Network, Volunteer Center of the East Bay Senior Award Judge 2009 to 2011

"Our nominees demonstrate that seniors are one of America's most vital resources. The time and talent provided by senior volunteers is both impressive and inspiring. Their positive influence betters the community and serves as an inspiration to myself and others about the rewards of getting involved."



Acknowledgements



THANK YOU, THANK YOU AND MORE THANK YOUS

We are very thankful to the following people who have made our Culture to Culture Foundation's mission possible in the last 10 years.

Diamond Sponsors

- C.C. Yin Founder of APAPA; Owner of 27 McDonald's
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- Mina Li Associate Director of Marketing, KTSF Channel 26

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- Peter Liu President, WI Harper Group
- Karen Kam, President, Ulferts Center
- Chang Xiu Wang









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- Ray Zenoni Printing, graphic design of our flyer, poster, save the date card, invitation, program, photography, name tags, nominee award certificates, table display; award winner of 2008; a volunteer at Friends of Meals on Wheels and several other community programs, Board of Directors member for Meals on Wheels and Senior Outreach Services; Senior Helpline Services and an Advisory Committee member for Caring Hands.
- Michael Connell Production of the C to C's 10th anniversary video, editing, interviewing, narrating; Senior Award Nominee of 2010, a great volunteer videographer at Hope Hospice Program and several other community programs.
- Anna Price Master of Ceremony, event planning; Marketing Director at The Kensington
- To Our Fabulous Judges
 - Judge Hing Alameda County Superior Court, Senior Award Judge of 2010 and 2011
 - Barbara Smith Senior Award Judge from 2008 to 2011
 - Dolores Ciardelli Managing Editor of Danville Express; Senior Award Judge from 2008 to 2011
 - Ann Wullschleger Program Director, Know How Network; Senior award Judge from 2009 to 2011
 - Shoshana Eliahu Program Director at Jewish Community Center; Senior award Judge of 2011

To Our Kind and Generous Donors

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- Stella Kwoh
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- Albert and Anna Wang
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- Don Sun; Sierra Tea
- Keith Gilbert; Manager; Ace Hardware in Alamo
- Queenie Chen; Owner, the Buffet City
- Matt Shriner, Owner/President, Bright Star in Lafayette
- Kristine E. Watson; ResCare Branch Manager
- Wengkee Fu; Ruby King Bakery
- Fanny Choi of Charles Schwab
- Cosco in Danville
- CVC Pharmacy in Alamo
- Heather Peeble, Manager of Starbucks in Alamo
- Steven Li of Three Brothers from China Restaurant in San Ramon
- Peycho Peychev, Manager of Roundtable Pizza in Alamo
- May and Frankie Cheung, Award Art







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- Ching-Lin Chen; Costumes arrangement for the International Fashion Show
- Barbara Smith; Gift wrapping and dinnerware decoration
- Mija Barron and the Korean Dance Class; Korean Dance performance
- Joe Wang; Video
- Cindy Lindstrom; Cheerleading coordinator
- Monica Xu; Costumes Assistance of the International Fashion Show
- Mitsuyo Moore; ResCare Care Companion
- All previous award winners; Pat Dupont (2008), Tina Olton (2008), Ray Zenoni (2008), John Gardella (2009), Eileen Kempker (2009), Annie Stephens (2009), Tom Berry (2010), Ann Hirsch (2010), Carolyn Schick (2010)
- All the Dancers of the Indian Dance group
- All senior volunteers who have helped at the reception desk and dinner buffet
- All fashion show participants









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